



Chronic Disease Management Benefit

Key Benefit Administrators is dedicated to improving our clients' health and our Chronic Disease Management Benefit is another step toward this goal. All new and renewal Key Benefit Administrators groups will have the Chronic Disease Management (CDM) Benefit added to their plan at no additional cost.

Overview: Chronic Disease Management Benefit

Twenty-seven of the most common chronic diseases have been identified as leading cost drivers on employer benefit plans. Each chronic disease has a standard set of care needed to properly treat the condition. CDM Benefit offers 100% coverage for the standard sets of care for each of the twenty-seven chronic conditions.

Benefits to Employers

- ✓ Added benefit at no additional cost
- ✓ The ability to align incentives to maintain good health
- ✓ Reporting capabilities on CDM Benefit utilization
- ✓ Incentive for proactive healthcare treatment

Benefits to Employees

- ✓ Added benefit at no additional cost
- ✓ No cost barriers to receiving healthcare
- ✓ Proven treatment plan for chronic diseases

Schedule of Benefits

Chronic Disease Management (CDM) Benefit

The Plan offers a Chronic Disease Management (CDM) Benefit. The listed chronic diseases shall have the listed services (i.e. exams, lab work and diagnostic procedures) rendered by a network provider payable at 100% and not subject to the deductible or copay. Non-network services shall be payable according to the standard plan benefits. Once the service maximum benefit has been met, eligible charges shall be payable according to the standard plan benefits.

The provider must provide the appropriate billing including diagnosis codes and CPT codes for the Chronic Disease Management Benefit to apply. If a covered person has more than one CDM diagnosis, the primary diagnosis billed will determine the benefit payable.



*The services listed below are the standard laboratory and diagnostic procedure for each chronic disease.

CHRONIC CONDITION	CHRONIC CONDITION		
ASTHMA	2 Clinical Evaluations 1 Spirometry (for patients 10 years of age or older)		
ATRIAL FIBRILLATION	1 Clinical Evaluation		
CHRONIC OBSTRUCTIVE PULMONARY DISEASE	1 Clinical Evaluation 1 Spirometry		
CHRONIC VENOUS THROMBOTIC DISEASE <i>*previously listed as Thrombo-embolic Disease</i>	1 Clinical Evaluation		
COPD WITH PULMONARY HYPERTENSION/COR PULMONALE	2 Clinical Evaluations 12 months of supplemental O2 Tx		
CHRONIC KIDNEY DISEASE	1 Clinical Evaluation 1 Hgb or Hct	1 Serum Creatinine 1 Serum Potassium	1 Serum Calcium 1 Serum Phosphorus
CONGESTIVE HEART FAILURE	1 Clinical Evaluation	1 Serum Creatinine	1 Serum Potassium
CORONARY ARTERY DISEASE	1 Clinical Evaluation 1 LDL		
DEPRESSION	1 Clinical Evaluation		
DIABETES	2 Clinical Evaluations 2 Glycohemoglobins 1 Serum Creatinine	1 Lipid Panel IF no nephropathy Dx or ACE/ARB Rx, 1 Urine Albumin/Creatinine ratio, Total Protein	
EPILEPSY	1 Clinical Evaluation		
HUMAN IMMUNODEFICIENCY VIRUS INFECTION	2 Clinical Evaluations 2 CBCs 1 T-Cell/CD-4 Count	2 HIV Quantifications 1 Pap Smear (for women only, 21 years of age or older)	
HYPERLIPIDEMIA	1 Lipid Panel		
HYPERTENSION	1 Clinical Evaluation 1 Serum Creatinine		
HYPERTHYROIDISM	1 Clinical Evaluation 1 TSH 1 T4		
HYPOTHYROIDISM	1 Clinical Evaluation 1 TSH		
METABOLIC SYNDROME	1 Clinical Evaluation	1 Lipid Panel	1 FBS or HgbA1c
MULTIPLE SCLEROSIS	1 Clinical Evaluation		
PARKINSON'S DISEASE	1 Clinical Evaluation		
PERIPHERAL ARTERIAL DISEASE (ATHEROSCLEROSIS) <i>*previously listed as Peripheral Vascular Disease</i>	1 Clinical Evaluation 1 LDL		
PRE-DIABETES	1 Clinical Evaluation	1 Lipid Panel	1 FBS or HgbA1c
POLYMYALGIA RHEUMATICA	2 Clinical Evaluations	2 ESR or CRP	1 CBC
PULMONARY HYPERTENSION (UNRELATED TO COPD)	2 Clinical Evaluations		
REGIONAL ENTERITIS (INFLAMMATORY BOWEL DISEASE)	1 Clinical Evaluation		
RHEUMATOID ARTHRITIS	1 Clinical Evaluation		
SLEEP APNEA	1 Clinical Evaluation		
ULCERATIVE COLITIS (INFLAMMATORY BOWEL DISEASE)	1 Clinical Evaluation		