



Peace of mind through RealTimeHealth.

With RealTimeHealth, AHDI brings to you a solution that is undeniably both high tech and high touch. RealTimeHealth is a diabetic management program that uses a state of the art cellular based glucometer to automatically, consistently and accurately take and record a member's glucose readings.

Wrapped around this hardware is a 24/7 care support system that serves to monitor, encourage and motivate the member to take the steps necessary to control their condition. The member is even able to bring family and friends into this care network.

*When a **RealTimeHealth** member takes a reading, that result is immediately transmitted to our 24/7 care center, to the member's personal **RealTimeHealth** website and to the member's designated care circle.*

Think for a moment about a parent of a young child who is in school, or at a friend's house. Prior to **RealTimeHealth**, that parent had no visibility into their child's condition while away from home. Now, when the child takes a reading, mom and dad get the reading via a text to their phones, in a matter of minutes.



In this example, the parents, as well as those who are responsible for management of the health plan and the care center, will now also know if individuals are not testing. The benefit, of course, is that the family and the care center can provide follow up and encouragement; and we control unnecessary expenses. Supplies are mailed to the member's home on an as needed basis. Our focus is to make sure our participants are testing...that they are taking the actions necessary to improve their situation. However, if someone truly does not want to participate, they can opt out of the program.



High tech. High touch. Peace of mind.
Ongoing encouragement and motivation. Results.

RealTimeHealth is a one-of-a-kind, diabetic management program directed at improving the health of one of your most at risk groups.